HOW TO MANIFEST A SPECIFIC PERSON

with the Law of Attraction

1 AFFIRM YOUR INTENTION TO THE UNIVERSE

Place your order with the universe for your specific person by setting a clear intention and put it in writing.

2 TACKLE YOUR LIMITING BELIEFS

Uncover underlying assumptions or false beliefs that are holding you back.

Use affirmations, subliminals, journaling and repetition to retrain the subconscious to attract what you want.

3 FOCUS ON THE EMOTION OF LOVE

To become a vibrational match to love, you must radiate love. So make feeling good a priority and focus on your heart space.

4 CHANGE YOUR MINDSET

Master your thoughts and develop new habits that will raise your vibrational set point by establishing a daily routine that includes gratitude, scripting and visualization.

5 VISUALIZE YOUR DESIRE

The Most Important Manifestation Tool

In a meditative state, visualize your imaginal act in first person using intense emotion and all the senses and repeat until the feeling of satisfaction.

6 LET IT GO

Allow your seed to grow by continuing to follow your bliss, plant new seeds, and trust that the universe will manifest your desire.

7 LIVE IN THE END

Live as though your desire is already fulfilled and don't react negatively to your current reality because it is only an echo of your past vibration.

SUCCESS		FAILURE
Healthy desire for your SP with no attachment to past hurts or relationships	1	Putting your SP on a pedestal or holding onto resentment or anger towards them
Empowering beliefs regarding self-worth, relationships and love	2	Self-sabotaging subconscious beliefs
Balanced heart chakra, radiates love and reaches for high vibrational speech, thoughts and emotions	3	Not maintaining a vibration of love as your dominant frequency (low vibration speech, thoughts and emotions)
While entering the Theta Brainwave state, visualizes desire with intense emotion in first person until a feeling of satisfaction	4	Imagining yourself in third person during visualization or not being in a proper meditative state
Completely releasing your desire, trusting in the universe and handing over your desire to unfold in divine timing	5	Too attached to your SP, the outcome and how the manifestation should unfold
ONLY imagining the END	6	Imagining the middle (text messages, run-ins, dates, etc.), or forcing the manifestation by controlling events
Living in a state of fulfillment knowing your desire has already manifested	7	Negatively reacting to current reality, obstacles or partial manifestations

SIGNS FROM THE UNIVERSE

Know Your Manifestation Is On Its Way

- Synchronicities
- Angel or Repeating Numbers
- Abundance of Love in Your Outer World
- You Feel Good